

# HOW TO LIVE YOUR BEST LIFE?

PHILIPPIANS 4:10-23



How has God spoken to you through this passage of the Bible? What stands out to you as an encouragement or challenge?

Contentment is...  
an attitude of genuine satisfaction with whatever Christ brings in life

How is this definition of contentment reflected in the passage (see also 1 Timothy 6:6-11; Hebrews 13:5-6)?

Why should v19 undergird contentment and motivate generosity towards others?

What would you say...? How might you apply the gospel to refresh (or lovingly rebuke) a Christian friend who is:

- i. discontent and frustrated with work?
- ii. overly focused on building the dream home?
- iii. living for retirement?
- iv. fantasising about being married to Mr/Mrs Right as soon as possible?
- v. anxious about getting the marks/qualifications that will 'secure the future'?

*But godliness with contentment is great gain. For we brought nothing into the world, and we can take nothing out of it. But if we have food and clothing, we will be content with that. 1 Timothy 6:6-8*